## CCMAC



**Location:** Eisenhower Park, East Meadow, NY.



5K Run Start Time: 09:30 am, Rain/Shine **5K Run Registration Closes:** 9:15 am. Walk Start Time: 10:30 am, Rain/Shine Walk registration Closes: 11:00 am. Last Name: \_\_\_\_\_ First Name: \_\_\_\_ Address: City: \_\_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Email: \_\_/\_\_/\_\_/\_\_/\_\_\_/\_\_\_\_/ Walking Running Cheering **If Running: Date of Birth** \_\_\_/\_\_/ - \_\_\_/\_\_/ - \_\_\_/\_\_\_\_: Current Age: \_\_\_\_/\_\_\_\_: Month Day Year Month Day Male Female Waiver Completed and Submitted: YES NO RUNNERS MUST SIGN and SUBMIT a WAIVER in Order to RUN Where you learn about the walk: CCMAC Web Site TV Card in the Mail Poster Email Newsday Insert Radio LI Road Runners Web Site Friend Other: Modell's Sporting Goods Walking in honor of \_\_\_\_\_ Total Pledged \$\_\_\_\_\_ Total Collected \$\_\_\_\_\_ | YES, my company has a matching gift policy. Please make tax deductible checks payable to: CCMAC, PO. Box 1179, New Hyde Park, NY., 11040 **Comments:** 

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THANK YOU FOR YOUR SUPPORT!