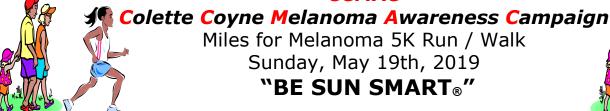
## CCMAC



**Location:** Eisenhower Park, East Meadow, NY.

**5K Run Start Time:** 09:30 am. Rain/Shine



**5K Run Registration Closes:** 9:15 am.

Walk Start Time: 10:30 am, Rain/Shine Walk registration Closes: 11:00 am. Last Name: First Name: Address: City: \_\_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Email: \_\_/\_\_/\_\_/\_\_/\_\_\_/\_\_\_\_/ | Running | Cheering Walking **If Running: Date of Birth** \_\_\_/\_\_/ - \_\_\_/\_\_/ - \_\_\_/\_\_\_\_: Current Age: \_\_\_\_/\_\_\_: Month Day Year Month Day Male | Female Waiver Completed and Submitted: | YES | NO RUNNERS & WALKERS MUST SIGN and SUBMIT a WAIVER in Order to RUN (WAIVERS Can be Downloaded From the CCMAC.org Web Site) Where you learn about the walk: Email | CCMAC Web Site TVPoster Card in the Mail Radio | LI Road Runners Web Site Friend Facebook Newsday Insert Runners Magazine Other: Walking in honor of Total Pledged \$\_\_\_\_\_ Total Collected \$\_\_\_\_\_ YES, my company has a matching gift policy. Please make tax deductible checks payable to: CCMAC, PO. Box 1179, New Hyde Park, NY., 11040 **Comments:** 

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THANK YOU FOR YOUR SUPPORT!